

Ohio

Department of Aging

Senior Farmers' Market

Nutrition Program

ELIGIBLE FOODS LIST

Vegetables

Asparagus	Eggplant	Peppers
Beans	Greens (all)	Potatoes
Beets	Kale	Rhubarb
Broccoli	Kohlrabi	Rutabagas
Brussel Sprouts	Leeks	Spinach
Cabbage	Lettuce	Squash
Carrots	Mushrooms	Tomatoes
Cauliflower	Okra	Turnips
Celery	Onions	Zucchini
Corn	Parsnips	
Cucumbers	Peas	

Herbs*

Basil	Marjoram
Chives	Mint
Cilantro	Oregano
Dill	Parsley
Garlic	Rosemary
Horseradish	Sage
Lovage	

*Must be FRESH, CUT

Honey

Fruits

Apples	Melons (all)
Apricots	Pears
Berries (all)	Peaches
Cherries	Plums
Grapes	Pumpkins

NON-DECORATIVE

This institution is an equal opportunity provider.