



# AREA AGENCY ON AGING

Ohio District 5 | Serving North Central Ohio

## 2017 Annual Report

*"The best thing to hold onto in life  
is each other." - Audrey Hepburn*

## MISSION

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The Ohio District 5 Area Agency on Aging, Inc. provides leadership, collaboration, coordination and services to older adults, people with disabilities, their caregivers & resource networks that support individual choice, independence and dignity.

## VISION

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The Ohio District 5 Area Agency on Aging, Inc. will be a leader in long term care systems and the preferred organization in providing advice and services which enhance the independence, dignity, and quality of life of older adults, individuals with disabilities and their caregivers.

## BOARD OF TRUSTEES

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|                                 |                              |
|---------------------------------|------------------------------|
| <b>President</b>                | Beth Myers                   |
| <b>Immediate Past President</b> | Jerod Them                   |
| <b>Vice President</b>           | John Peterson                |
| <b>Vice President</b>           | Mayor Mike Porter            |
| <b>Treasurer</b>                | John Kastelic                |
| <b>Secretary</b>                | Tammi Wolfe                  |
| <b>Ashland County</b>           | Dorothy Stitzlein            |
| <b>Crawford County</b>          | Nate Roshon                  |
| <b>Huron County</b>             | Paul Capelle                 |
| <b>Knox County</b>              | Commissioner Teresa Bemiller |
| <b>Marion County</b>            | John Peterson                |
| <b>Morrow County</b>            | Mayor Mike Porter            |
| <b>Richland County</b>          | Jana Mulherin                |
| <b>Seneca County</b>            | Kellie Hartsel               |
| <b>Wyandot County</b>           | Catherine Browne             |
| <b>At-Large</b>                 | Sherry K. Hill               |
| <b>At-Large</b>                 | Jeff Polzin                  |



## DEAR FRIENDS AND SUPPORTERS,

2017 has been another successful year for the Ohio District 5 Area Agency on Aging, Inc.

Through the vision and dedication of our staff, Corporate Board, Foundation Board, Advisory Council, Services That Assist Richland Seniors (STARS) Levy Advisory Committee, volunteers, donors, and partners, we have accomplished many things, but our greatest strength comes from our community.

This year we have piloted several community programs to continue to engage older adults. Through partnerships with our local EMS and colleges and universities, we are broadening our horizons and reaching older adults through different avenues in our community.

We are thankful for the voters who have allowed us to continue to administer the Richland County Senior Services Levy to our community's seniors. During the past 10 years, our levy has served numerous older adults in Richland County. With an additional .5 mill over the next five years, we are excited to see how many more we can assist and support.

We look forward to another year of conquering distinctive challenges, generating innovative solutions, and creating a bright future for our individuals in 2018 and beyond.

Sincerely,

**DUANA PATTON**

*Chief Executive Officer  
Ohio District 5 Area Agency on Aging, Inc.*

**BETH MYERS**

*Corporate Board President  
Ohio District 5 Area Agency on Aging, Inc.*



## Celebrating Senior Services Levy

Had it not been for the levy, I would have fallen through the cracks a long time ago. It really enabled me to stay independent, and also, to stay safe in my home.

- Mary McDonald  
Levy Consumer



2017 LEVY CO-CHAIRS

### 10 YEARS OF SERVICE TO RICHLAND COUNTY SENIORS

After nearly 10 successful years of administering the Richland County Senior Services Levy, the Area Agency on Aging added the levy on the ballot once again for a 1 mill renewal with the addition of 0.5 mill.

Older adults want to stay in their homes, but many do not qualify for programs like PASSPORT even though they could benefit from extra help. This makes programs like the Senior Services Levy vital to the community.

Services provided include home delivered meals, transportation, personal care, minor home repair, and many more. Funding is allocated so 94% goes to senior services and 6% goes to program administration.

After a vibrant campaign, the levy passed with 13,959 votes in favor and 9,953 votes against. The Area Agency on Aging will begin administering the additional funds in 2019.

The co-chairs of the levy campaign were Lydia Reid, Zoi Romanchuk and Colonel Michael Howard. Levy Treasurer was John Kastelic.



COMMUNITY MEMBERS PICKING UP THEIR YARD SIGNS



## Digging D.E.E.P.

“The blood bags offer such a unique perspective and are a great learning tool! It will stick in my head forever how important a healthy A1C is!”

- Past DEEP Participant



MEGAN THOMAS  
DEEP COACH

### MAKING DIABETES EDUCATION INTERACTIVE

In partnership with the Ohio Department of Aging, the Area Agency on Aging is dedicated to offering wellness workshops to older adults and caregivers in its service area. This year, the Agency has added a new wellness program that focuses on individuals with diabetes.

The Diabetes Empowerment Education Program (DEEP) is a free, six-week workshop that teaches diabetes management through a hands-on, interactive approach. DEEP uses tools such as:

- interactive visuals to understand blood sugar levels
- activities to develop skills to decrease risks of complication
- tips to improve eating habits and increase physical activity.

Because DEEP is so hands-on and easy to understand, it's a great course to pair with the Agency's other diabetes workshop, the Diabetes Self-Management Program (DSMP), which teaches participants how to set goals and create action plans for managing their diabetes.

"[One] participant who completed DEEP liked it so much she then attended a DSMP workshop," said Megan Thomas, the DEEP coach at the Agency. "[She] said it was the best decision she made to take the workshops and has learned so much."



DEEP CLASS MATERIALS



## Setting a new table with the **Campus Dining Program**

"The salad bar was fantastic! I lost weight because I ate better, which helped to prevent snacking with improper foods. It also gave me an excellent reason to leave the house and then [take] the time to walk the [Richland] Mall. I am also investigating "senior programs" at the college. Never too old to learn something new!"

- **Barbara**

*Campus Dining Program participant*



**DR. DOREY DIAB**

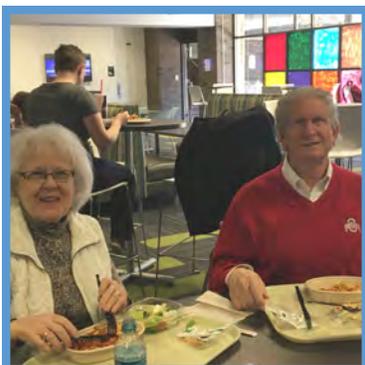
### THE FUTURE OF CONGREGATE MEAL SITES STARTS IN RICHLAND COUNTY

The Campus Dining Program is the first on-campus congregate meal site in the state of Ohio. It is an innovative collaboration between North Central State College, The Ohio State University at Mansfield, and the Area Agency on Aging to bring fresh, healthy meals to older adults.

Dr. Dorey Diab, president of NC State, worked with Teresa Cook at the Area Agency on Aging to bring this collaboration to campus. The Campus Dining Program is held at the Marketplace, Ohio State Mansfield's newly renovated cafeteria. It provides a different environment and experience in comparison to traditional meal sites.

Although traditional congregate meal sites consistently prove to be successful, they are missing one key factor: choice. The Campus Dining Program fills this gap. From its wide food selection, to The Marketplace's hours of availability, to on-campus programming, to friendships with students and other older adults alike, choice is king, and ultimately, what everyone, regardless of age, desires most.

Beginning in September, the Campus Dining Program has regularly served meals to nearly 300 participants through its pilot program. Because of the positive response, the pilot program will be extended into 2018.



**CAMPUS DINING PROGRAM PARTICIPANTS**



## Connecting Springfield Twp. Fire Dept.

Many older adults believe the following myth: If I ask for help, then "they" will take me from my home. Together, Springfield Township Fire Department and the Area Agency on Aging are trying to change that mindset.



**FIRE CHIEF RON HENRY  
FIREFIGHTER MATTHEW WELLS  
CAPTAIN MIKE MULLINS**

### TO SPRINGFIELD TOWNSHIP AND BEYOND

The Area Agency on Aging and the Springfield Township Fire Department/Ontario began their new collaboration to help provide needed information and services to our local senior population in November.

The fire department recognized an increase in 9-1-1 calls from local seniors who need help to remain in their homes. By working with the Area Agency on Aging, the fire department is able to offer information on services and programs that are available to seniors. A few of the services and programs include personal care, transportation, home delivered meals, emergency response buttons, wellness classes, and caregiver support.

By working together, the Springfield Township Fire Department and the Area Agency on Aging are able to better inform seniors about services funded locally, federally or through the state. Many seniors think that they do not qualify for help or that by accepting help they will be removed from their homes; however, this is not the case. In fact, many seniors in many different income brackets do qualify for services, and by accepting help, are able to stay in their homes safely.



**FIRE CHIEF RON HENRY  
AAA CEO DUANA PATTON**

## Statement of Activities—Year Ended December 31, 2017

### REVENUE:

|                              |                     |
|------------------------------|---------------------|
| Grant Revenue                | 36,671,807          |
| Project Income/Client Co-pay | 719,954             |
| Local Income                 | 1,292,534           |
| Tax Levy                     | 1,930,527           |
| Other Income                 | 187,909             |
| <b>Total Revenue</b>         | <b>\$40,802,731</b> |

### EXPENSES:

|                                 |                     |
|---------------------------------|---------------------|
| Program Expenses:               |                     |
| PASSPORT services               | 32,214,398          |
| Senior nutrition                | 2,303,821           |
| Community services              | 3,859,526           |
| Caregiver services              | 379,276             |
| Agency support                  | 408,831             |
| Corporate activities            | 437,457             |
| <b>Total Program Activities</b> | <b>\$39,603,309</b> |
| Management and General          | 673,412             |
| <b>Total Expenses</b>           | <b>\$40,276,721</b> |

### NON-OPERATING REVENUES AND EXPENSE:

|                               |                    |
|-------------------------------|--------------------|
| Interest Income               | 6,201              |
| Change in Net Assets          | 532,211            |
| Net Assets-Beginning of Year  | 3,284,749          |
| <b>Net Assets End of Year</b> | <b>\$3,816,960</b> |

The Ohio District 5 Area Agency on Aging, Inc., located at 2131 Park Avenue West in Ontario, provides leadership, collaboration, coordination and services to older adults, people with disabilities, their caregivers & resource networks that support individual choice, independence and dignity.